

All in one unit that is designed to train the upper and lower body with dedicated weight stacks for each exercise. The unit comprises a Pec Fly/Rear Delt, Lat Pulldown, Seated Leg Curl/Extension Combo. and High Low pulley.



MULTI GYM WITH SEATED LEG **CURL / EXTENSION COMBO.** J4MGC

DIMENSION:

Length: 85 inches / 216 cms Width: 115 inches / 292 cms Height: 92 inches / 234 cms

Weight Stack:

Pec Fly / Rear Delt: 220lbs / 100kg

Lat Pull Down: 220lbs / 100kg

High Low Pulley: 220lbs / 100kg

Seated Leg Curl / Ext. Combo: 220lbs / 100kg

MUSCLE WORKED: Full Body



